

Knowledge organiser Nursery – Year 2			Subject: PE	
Aspect	Nursery	Reception	Year 1	Year 2
Athletics	<p>Run skilfully, negotiating space</p> <p>Run safely on whole foot</p> <p>Mounts stairs, steps or climbing equipment using alternate feet.</p> <p>Walks downstairs, two feet to each step while carrying a small object.</p>	<p>Negotiates space successfully when playing chasing games; adjusting speed and changing direction</p> <p>Avoids obstacles when moving around both at speed and at walking pace</p>	<ul style="list-style-type: none"> <li>-Able to run at different speeds</li> <li>-Know different ways to throw</li> <li>-Able to jump for height, distance and use a combination of both</li> <li>-Running at different speeds, distances, over and around objects</li> <li>-Work as part of a team</li> <li>-To remember and repeat a series of running, throwing and jumping activities with growing control</li> <li>-Familiarise themselves with equipment and use it appropriately</li> <li>-Recognise how their bodies feel in different activities</li> <li>-To watch, copy and describe what others have done.</li> </ul>	<ul style="list-style-type: none"> <li>- Can change speed and direction when running</li> <li>- Able to move in a variety of different ways and around cones and objects</li> <li>- Develop a strong sense of space and spatial awareness</li> <li>- Running at different speeds, distances, over and around objects</li> <li>- Work as part of a team</li> <li>- To use their bodies and a variety of equipment with greater control and coordination</li> <li>- To choose skills suitable for the challenges.</li> <li>- To describe what their bodies feel like during different activities</li> <li>- To watch and describe what others have done.</li> </ul>
Dance	<p>Uses movement to express feelings</p> <p>Creates forms of expression in response to music</p>	<p>Represent own ideas through dance</p> <p>Create gesture and movements in order to express feelings , ideas and experiences</p>	<ul style="list-style-type: none"> <li>- Remembers simple movements and routines</li> <li>- Able to respond to a range of stimuli linking sounds and movement</li> </ul>	<ul style="list-style-type: none"> <li>- Move to a beat/rhythm</li> <li>- Negotiates space clearly</li> <li>- Able to add change to a sequence</li> <li>- Vary the size and shape made with body</li> </ul>

Gymnastics	<p>Moves freely in a variety of different ways such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping</p> <p>Squats and rises without using hands</p> <p>Climbs confidently and can pull self-up onto climbing equipment independently</p>	<p>Experiments with different ways of moving e.g. skipping, hopping</p> <p>Jumps off an object and lands safely</p> <p>Able to stand on one foot</p> <p>Travels with confidence and skill around, under, over and through balancing and climbing equipment</p>	<ul style="list-style-type: none"> <li>- Jumps off an object and lands safely</li> <li>- Able to jump from a standing position</li> <li>- Able to balance on a piece of apparatus</li> <li>- Able to form different body shapes</li> <li>- Able to take part in partner work</li> </ul>	<ul style="list-style-type: none"> <li>- Explore and create different pathways and patterns</li> <li>- Link movements together</li> <li>- Carry out more sophisticated movements such as turns, spins and a return sequence</li> </ul>
Games	<p>Can catch and kick large ball</p> <p>Can join in with simple gross motor based games</p>	<p>Shows increasing control over an object e.g. rolling, in pushing, patting, throwing, catching or kicking it.</p> <p>Tackle new challenges and manage risks</p> <p>Demonstrate an understanding of how games work e.g. following instructions, turn taking</p> <p>Able to send and receive a ball in a variety of ways e.g. rolling, kicking.</p>	<ul style="list-style-type: none"> <li>- Able to send and receive a ball in a variety of ways e.g. rolling, kicking</li> <li>- Play a range of games developing simple tactics for attacking and defending</li> <li>- Have more control over hand/eye coordination e.g. receives a ball with basic control</li> <li>- Observe, copy and play games as an individual and in two's</li> <li>- Move actively and safely about the space when using equipment.</li> </ul>	<ul style="list-style-type: none"> <li>- Understand the importance of rules in a game</li> <li>- Develop own games with peers</li> <li>- Balance a ball on a bat</li> <li>- To be able to dribble a ball, weaving in and out of obstacles</li> <li>- Play a range of games developing simple tactics for attacking and defending</li> <li>- To work cooperatively with another person in a team</li> <li>- To throw, catch and bounce in different ways when standing still or on the move.</li> <li>- To know and apply basic tactics and strategies for attacking play.</li> </ul>

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