

Knowledge organiser Nursery – Year 2

Subject: PE

Aspect	Nursery	Reception	Year 1	Year 2
Athletics	Run skilfully, negotiating space Run safely on whole foot Mounts stairs, steps or climbing equipment using alternate feet. Walks downstairs, two feet to each step while carrying a small object.	Negotiates space successfully when playing chasing games; adjusting speed and changing direction Avoids obstacles when moving around both at speed and at walking pace	-Able to run at different speeds -Know different ways to throw -Able to jump for height, distance and use a combination of both -Running at different speeds, distances, over and around objects -Work as part of a team -To remember and repeat a series of running, throwing and jumping activities with growing control -Familiarise themselves with equipment and use it appropriately -Recognise how their bodies feel in different activities -To watch, copy and describe what others have done.	- Can change speed and direction when running - Able to move in a variety of different ways and around cones and objects - Develop a strong sense of space and spatial awareness - Running at different speeds, distances, over and around objects - Work as part of a team - To use their bodies and a variety of equipment with greater control and coordination - To choose skills suitable for the challenges. - To describe what their bodies feel like during different activities - To watch and describe what others have done.
Dance	Uses movement to express feelings Creates forms of expression in response to music	Represent own ideas through dance Create gesture and movements in order to express feelings, ideas and experiences	- Remembers simple movements and routines - Able to respond to a range of stimuli linking sounds and movement	- Move to a beat/rhythm - Negotiates space clearly - Able to add change to a sequence - Vary the size and shape made with body

Gymnastics	<p>Moves freely in a variety of different ways such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping</p> <p>Squats and rises without using hands</p> <p>Climbs confidently and can pull self-up onto climbing equipment independently</p>	<p>Experiments with different ways of moving e.g. skipping, hopping</p> <p>Jumps off an object and lands safely</p> <p>Able to stand on one foot</p> <p>Travels with confidence and skill around, under, over and through balancing and climbing equipment</p>	<ul style="list-style-type: none"> - Jumps off an object and lands safely - Able to jump from a standing position - Able to balance on a piece of apparatus - Able to form different body shapes - Able to take part in partner work 	<ul style="list-style-type: none"> - Explore and create different pathways and patterns - Link movements together - Carry out more sophisticated movements such as turns, spins and a return sequence
Games	<p>Can catch and kick large ball</p> <p>Can join in with simple gross motor based games</p>	<p>Shows increasing control over an object e.g. rolling, in pushing, patting, throwing, catching or kicking it.</p> <p>Tackle new challenges and manage risks</p> <p>Demonstrate an understanding of how games work e.g. following instructions, turn taking</p> <p>Able to send and receive a ball in a variety of ways e.g. rolling, kicking.</p>	<ul style="list-style-type: none"> - Able to send and receive a ball in a variety of ways e.g. rolling, kicking - Play a range of games developing simple tactics for attacking and defending - Have more control over hand/eye coordination e.g. receives a ball with basic control - Observe, copy and play games as an individual and in two's - Move actively and safely about the space when using equipment. 	<ul style="list-style-type: none"> - Understand the importance of rules in a game - Develop own games with peers - Balance a ball on a bat - To be able to dribble a ball, weaving in and out of obstacles - Play a range of games developing simple tactics for attacking and defending - To work cooperatively with another person in a team - To throw, catch and bounce in different ways when standing still or on the move. - To know and apply basic tactics and strategies for attacking play.

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